



Confident
Happy
Empathetic
Resilient
Inquisitive
Supportive

Learn a new dance, song or tune on a musical instrument.



Make an obstacle course and time yourself completing it. Do you get quicker or slower if you repeat it?



Make a self portrait using things that you can find in the garden or around the house.



Feel Good Friday Activities.

26.2.2021



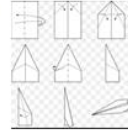
Make a musical instrument.



When it gets dark outside look out at the night sky. Can you see any stars? Could you make any patterns or pictures out of them?



Make and decorate a paper aeroplane. Try some different types to see which ones fly the furthest.



Make a bug hotel, over the next few days look to see what mini beasts visit your hotel. Can you find out the names of the mini beasts using the classification chart? Are they invertebrates, arachnids or Arthropod? Over a few days record which visitors you have.



Go for a walk outside and look for signs of spring.

Can you spot any flowers, animals, leaves or seeds that show us the seasons are changing.?

